

## **System To Get A Better Voice**

Areas to consider:

1. Breathing
2. Relaxation
3. Physicality
4. Confidence
5. Resonance
6. Projection
7. Clarity
8. Health

Questions to ask:

1. How effective am I in this area?
2. How well does someone I consider a great communicator/speaker/singer do in each area?
3. What will I do in order to improve on where I am, to the level of that person whom I admire?

You can either rate your answers from 1 - 10 or tick Poor - Fair - Good - Excellent.

Either way see how in each of these areas you feel you are and your role model is. Be honest!

When you can visibly see which areas you'd like to work on. Search through my channel to find a video that relates to that topic of interest.

If you sign up to my newsletter I'll even give you the whole week on 'Breath' off my 8-week online course, for FREE as a thank you!

Enjoy and see you soon

Darren